## Newham's Hidden Gems\*











Friends of West Ham Park Newham has over a dozen community-run gardens, allotments and green spaces and this number is growing as more residents are coming together to transform unloved, under-used areas of the borough into inspiring and nourishing places for everyone.

Each place is unique, reflecting its own local community and is open to all ages. Enjoy making friends and meeting neighbours, learning new skills, harvesting home-grown food and enhancing biodiversity.

Scan the QR code to find out more information on each.

\*Other lettuce varieties and vegetables are also grown

Could you sponsor this community map? If so please contact Rosie Whicheloe on <u>rosie@</u> whicheloe.net

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